

## The Ron Beddoes Outdoor Centre

## On Site Day Course Kit List

- 1. **Packed lunch and drinks.** (We do not provide food for day courses, however, it may be possible to arrange to have it, at extra cost, when booking your course)
- 2. A pair of trainers for wearing outside on activities.
- 3. Wellington boots and/or walking boots (if you have them)
- 4. Waterproof coat and over trousers (*if you have them*)
- 5. A spare jumper, fleece or sweatshirt.
- 6. A long thick pair of socks for wearing with wellingtons.
- 7. A warm short length coat, gloves and a warm hat.
- 8. Sun-tan lotion and sun hat (April to September)
- 9. Any medication that you are required to use/take whilst at Dukes Barn.
- 10. 'Work Gloves/ gardening gloves if you have them.

Note: Dukes Barn cannot be held responsible for the safety of expensive belongings.

## Lost property

Dukes Barn will be happy to return any lost property upon receipt of postage and packaging, marked clearly with your return name and address.

Finally please remember to take all belongings home with you!

Registered Charity No: 1081656